

What is Chiropractic

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Where Doctors go to get Chiropractic Treatment when they are Injured!
What is Chiropractic?

Chiropractic is a health care profession that focuses on disorders of the musculoskeletal system and the nervous system. The chiropractic profession believes that dysfunction of the musculoskeletal system leads to irritation to the nervous system, and this has a negative effect on general health. At Buckley Chiropractic we treat neuromusculoskeletal complaints, including but not limited to back pain, neck pain, pain in the joints of the arms or legs, and headaches.

At Buckley chiropractic center we practice a drug-free, hands-on approach to health care that includes patient examination, diagnosis and treatment. We believe in our bodies natural ability to heal and provide treatments to aid that process. We might also recommend therapeutic and rehabilitative exercises, as well as to provide nutritional, dietary and lifestyle counseling.

The most common therapeutic procedure performed is known as "manipulation," also called the "chiropractic adjustment." The purpose of manipulation is to restore joint mobility by manually applying a controlled force into joints that have become hypomobile – or restricted in their movement – as a result of a tissue injury. Tissue injury can be caused by a single traumatic event, such as improper lifting of a heavy object, or through repetitive stresses, such as sitting in an awkward position with poor spinal posture for an extended period of time. In either case, injured tissues undergo physical and chemical changes that can cause inflammation, pain, and diminished function for the sufferer. Manipulation, or adjustment of the affected joint and tissues, restores mobility, thereby alleviating pain and muscle tightness, and allowing tissues to heal.

Chiropractic adjustment rarely causes discomfort. However, patients may sometimes experience mild soreness or aching following treatment (as with some forms of exercise) that usually resolves within 12 to 48 hours.

In many cases, such as lower back pain, chiropractic care may be the primary method of treatment. When other medical conditions exist, chiropractic care may complement or support medical treatment by relieving the musculoskeletal aspects associated with the condition.

We assess your health through clinical examination, laboratory testing, diagnostic imaging and other diagnostic interventions to determine what chiropractic treatment is appropriate or if it is not appropriate. We will readily refer patients to the appropriate health care provider when chiropractic care is not suitable for your condition, or the condition warrants co-management in conjunction with other members of the health care team. We are completely focused on healing your body with the best treatments available.

